

SUTTON FEAST BEAST 7

A MULTI-TERRAIN RACE OF APPROX. 7 MILES

One of the A1 series of races.

Held under UKA rules SEAA Permit No. (applied for)

This event is not suitable for wheelchairs

11.00am Sunday 28th June 2009

At the New Pavilion, Sutton-in-the-Isle, Ely, Cambridgeshire

A part of the Feast week celebration, also featuring a 2 mile family fun race at 10.00am

Car parking, changing area, showers, toilets and refreshments are available.

Level one first aid cover through the duration of the event

Fast, fairly flat, one lap, scenic, multi-terrain Fenland course (time limit 75 minutes)

Entries: £7.00 affiliated, £9.00 unaffiliated (+ £1 on the day)

1st, 2nd, 3rd M&F prizes plus age group categories and spot prizes:

Male: 15-44, 45-54, 55+

Female: 15-39, 40-49, 50+

Trophies and/or prizes for category winners and registered team

T-Shirts to all finishers

Race entry form and race information available on www.suttononline.org

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SFB7 OFFICIAL USE ONLY	Category	Race No
Full Name	M/F	Affiliated Club
Full Address		Post Code
Tel No	Email	
Date of Birth	Age on race day years	
<u>Age group categories:</u>	Male: 15-44 <input type="checkbox"/>	45-54 <input type="checkbox"/> 55+ <input type="checkbox"/>
(Age on day of race please tick)	Female: 15-39 <input type="checkbox"/>	40-49 <input type="checkbox"/> 50+ <input type="checkbox"/>
Please indicate your T-Shirt size:	S / M / L / XL	

I declare that, on the day of the race, I will be 15 YOA or over. I am an amateur as defined by UKA rules. I am medically fit to run 7 miles. I run entirely at my own risk and that the organisers will not be held responsible for any injury sustained during, or as a result of, taking part in this event, or for any loss or damage to property whatsoever.

Signed.....**Date**.....

Entry fee enclosed £..... (cheques made payable to 'Sutton Feast Committee')

Please send form with cheque and 9"x 4" SAE to: Race Secretary, C/O 47 The Brook, Sutton, Ely, Cambs CB6 2QQ

Closing date for postal entries 20th June 2009

Note that race entry will not be confirmed by post unless you enclose SAE